

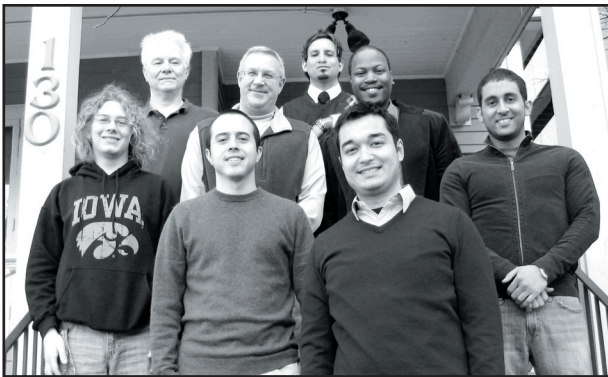
Men's Anti-Violence Council

Did you know?

- 35 out of 1000 college students are raped annually. For every 10,000 college students, estimate about 356 rapes a year.
- 33% of college relationships report at least one incident of physical violence
- 52% of stalking reports to law enforcement are from individuals between the ages of 18-29.
- 20-35% of undergraduates report being stalked
- Men commit at least 85% of dating violence, sexual assault and stalking against women
- 1 in 5 women will experience a sexual assault in her lifetime

One goal of the Men's Anti-Violence Council (MAC) is to raise awareness about male perpetrated dating violence, sexual assault and stalking against women. .

The majority of men aren't violent. However, they are often silent. We need active men who are part of the solution.



members of the Men's Anti-Violence Council

Why should men get involved?

- 82% of individuals arrested for violent crimes are men.
- However, men also experience violence, often at the hands of other men. 79% of murder victims are men, murdered by men.
- Men are also victims of sexual assault and dating violence. 10-20% of men will experience sexual assault in their lifetime.
- We all have women in our lives that we love and respect
- Would you want another man to remain silent if a woman you cared about was being harassed or assaulted? Would you want him to think "It's none of my business?"

"I don't hit or rape women."

That's what you don't do. What are you doing to help?

Another goal of the Men's Anti-Violence Council is to provide training and resources so that you can become an active bystander. We often remain silent because we don't know what to do or say. We can teach you skills and interventions about how to respond if you witness something harmful, violent or inappropriate.

Silence sends a powerful message

"Neutrality helps the oppressor, never the victim. Silence encourages the tormentor, never the tormented."

Nobel Prize winner Elie Wiesel.

What if...

- Someone makes a sexist joke or derogatory comment about women.
- You see a guy trying to convince an obviously drunk woman to go back to his room.
- You see a man and woman arguing and she looks upset.
- You suspect someone you know is abusing their partner

There is no one correct response. Each bystander can be helpful in different ways. It's about making a choice besides silence. Ignore the belief that "It's none of my business." Violent acts and inappropriate behaviors continue while everyone looks the other way.

Refuse to allow your manhood to be defined by fear, power, intimidation and violence. Join us in using our strength as men to confront and prevent violence, challenge ourselves and others to be better and healthier men, and to create a safe environment for everyone. No one deserves to be abused or harassed.



What is MAC?

The Men's Anti-Violence Council

a program of the Women's Resource & Action Center

The Men's Anti-Violence Council is a volunteer opportunity for men to become active in confronting and preventing violence, discussing these issues, making individual and community change, and becoming active and visible allies with women in our community. MAC provides resources, trainings and workshops for the campus and community. Send a message about what is acceptable in our community. Make a pledge to never remain silent.

Contact the Men's Anti-Violence Council to learn more about our programming, training, or to request a bystander education workshop for your group or class.

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Make a pledge to refuse to remain silent.

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